

Far Western University
Faculty of Humanities and Social Sciences
Bachelor's of Arts
Human Rights and Social Justice

Course Title: Humanism, Human Rights and Social Justice
Course Code: BSW 361
Level: Undergraduate
Semester: Sixth
Nature of Course: Theory

Full Marks: 100
Pass Marks: 45
Credit: 3
Teaching Hours: 48

1. Course Description

This paper introduces the concept of humanism developed by the Colonel Raja Jaya Prithvi Bahadur Singh from Sudurpaschim province. The concept of humanism is core to the practice of human rights and social justice. It is mainly focused on the principles of social justice and human right which are central to social work practice.

2. Course Objective

1. To introduce and define the concept of humanism in Nepal.
2. To connect Nepali concept of humanism in the global context of human rights and social justice.
3. To help students understand and promote the fundamental and inalienable rights of all human beings.

3. Specific Objectives and Course Contents

SPECIFIC OBJECTIVES	COURSE CONTENTS	HR
Introduction of the course	Unit I: Introduction a) Concept of Humanism b) Concept of Human Rights Development, Nepali Context c) Concept of Social Justice (Historical Development, Nepali Context) d) Humanism in Social Work	6
To Introduce the concept of humanism in Nepal	Unit II: Introduction to Humanism a) Humanism by King Jaya Prithivi Bahadur Singh in Nepal b) The notion of "mero jaat manav ho, mero dharma manavta ho ra mero bichar manavtabadi ho" (I am Human by Race; Humanity by faith, Humanist by thought.)	6

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To introduce the concept of human rights	Unit III: Introduction to Human Rights a) Historical Development of Human Rights b) Universal Declaration of Human Rights c) Human Rights in Nepal d) National Human Rights Commission Nepal	12
To introduce the concept of social justice in global and Nepalese context	Unit IV: Introduction to social Justice a) Historical Development of Social Justice in the World b) Theory of distributive Justice (Rawls 1971) c) Social Justice in Nepal d) Social justice Priorities- Disability, children, Gender	12
To apply the theory and practice of human rights and social justice in social work profession	Unit V: Human Rights, Social Justice and Social Work a) Social Discrimination and Oppression b) Respect for Diversity and Solidarity c) Equality and Equity d) Justice oriented Policies and Practices e) Human Rights and Sustainability f) Promoting Rights, Justice in Nepal	12
TOTAL TEACHING HOURS		48

INTERNAL ASSESSMENT

A) SOCIAL WORK INTERVENTION ACTIVITIES

40%

ACTIVITY 1: *Review of Law and Report on Human Right violation in Nepal* –

a) Draft of Model Law on Protection, safety, identity and recognition of Human Rights Defenders;

b) Annual Report by National Human Rights Commission Nepal

ACTIVITY 2: *Human Right Situation Watch and Reporting* – students will observe and

identify the current situation of human right in the locality and make a report on them. In addition, they shall report any incidence of human right violation to the concerned authority in the province.

4. Readings

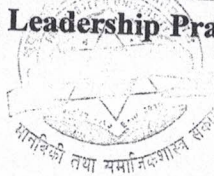
HJPF (2020). *Biography of the King Jaya Prithvi Bahadur Singh*. Humanism and Jai Prithvi Foundation, Kathmandu, Nepal

- IFSD (2006). *Social Justice in an Open World. The Role of the United Nations* by The International Forum for Social Development
- IFSW (2018). *Global Social Work Statement of Ethical Principles* by International Federation of Social Workers (<https://www.ifsw.org/global-social-work-statement-of-ethical-principles>)
- National Human Rights Commission Act, 2068 B.S.
- NHRCN (2020). *Human Rights Based Approach to Sustainable Development Goals and the Process of Voluntary National Review* National Human Rights Commission (2020)
- NHRCN (2022). *Universal Periodic Review* by National Human Rights Commission Nepal
- NHRCN (2078 B.S.). *Human Rights: A Must Know Things* by National Human Rights Commission Nepal
- Singh, J.P.B. (1928/2019) *Humanism*. Humanism and Jai Prithvi Foundation, Kathmandu, Nepal



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Faculty of Humanities and Social Sciences

Bachelor's of Arts
Community Work and Leadership Practice



Course Title: Community Work and Leadership Practice
Course Code: BSW 362
Level: Undergraduate
Semester: Sixth
Nature of Course: Theory

Full Marks: 100
Pass Marks: 45
Credit: 3
Teaching Hours: 48

1. Course Description

This paper is intended to introduce students about the theories and practice of leadership in the community. The rationale behind the development of leadership in the community is to ensure the satisfaction of the members of a community by efficient utilization of local resources. A community leader has to facilitate community interaction to connect members exchange ideas and skills to enhance each other. In order to carry out such a work in the community, leadership styles and skills have to be developed. In this context, this paper has focused on the nature of leadership in the community for the effective development of the community.

2. Course Objective

1. To introduce the concept of community work and leadership.
2. To develop knowledge in identifying community resources.
3. To understand and participate in community led events.

3. Specific Objectives and Course Contents

SPECIFIC OBJECTIVES	COURSE CONTENTS	HR
To comprehend communities and organization	Unit I: Understanding Community Work a) Revisiting the Concept of Community and Community Organization b) Diverse communities around Nepal and Sudurpaschim Province (Ethnic/caste, Rural/Urban, etc.)	6
To introduce leadership in the community	Unit II: Understanding Community Leadership a) Concept, Characteristics and Types of Leadership b) Meaning of Leadership in the Community c) Theory of Community Leadership d) Leadership Development in the Community	8

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To explore the needs and resources in the community	Unit III: Assessment of Community Needs and Resources a) Identification of Local Needs and Resources b) Indigenous knowledge and technology in the Community	12
To participate in community led events	Unit IV: Collective Action in the community a) Feasts, Festivals and Fairs (<i>jaatra</i>): Process of organization and importance in developing cohesion and solidarity b) Various social movements in <i>Sudurpaschim</i> (Far west) Nepal	12
To understand skills required in working with community	Unit V: Integrating Community Work and Leadership a) Philanthropy, Social service, Community Leadership and Social work b) Empowering community c) Community based Communication skills d) Roles of social workers in community work and leadership	10
TOTAL TEACHING HOURS		48

INTERNAL ASSESSMENT	40%
A) SOCIAL WORK INTERVENTION ACTIVITIES	
ACTIVITY 1: Community Need Assessment (Students are required to visit community and conduct a survey/PRA/RRA and enumeration of local resources)	
ACTIVITY 2: Observation and participation in collective events (Students are required to write a report on ongoing local festivals/movements etc.)	

4. Essential Readings



- CCHD (n.d). *The Community Tool Box*. Center for Community Health and Development, University of Kansas. Website: <http://ctb.ku.edu/en>
- Cugliari, C.W. and Earnest, G.W. (2007). Philanthropy: A Leader's Role in Community. *Journal of Leadership Education* 6(1) Winter 2007. pp.73-91. Association of Leadership Educators.
- Dhavaleshwar, C. (2016). The Role of Social Worker in Community Development. *International Research Journal of Social Sciences* 5(10):61-63. November 2016. DOI:10.2139/ssrn.2854682
- Kirk, P. and Shutte, A.M. (2004). Community Leadership Development. *Community Development Journal* 39(3) Oxford University Press. DOI: 10.1093/cdj/bsh019
- Lamm, K.V., Carter, H.S. and Lindsey, A.B. (2017). Community Leadership: A Theory-Based Model. *Journal of Leadership Education*, July 2017. DOI: 10.12806/V16/13/12
- Outreach International (n.d). *Community Developments*, The Outreach Blog: From the Field. URL: <https://outreach-international.org/blog/what-is-community-led-development/>
- Tropman, J.E. (2012). *Successful Community Leadership: A Skills Guide for Volunteers and Professionals*. National Association of Social Workers, Washinton DC

