# Far Western University Mahendranagar, Kanchanpur Faculty of Humanities and Social Sciences

B. A. History



# **Faculty of Humanities and Social Sciences**

# B. A. History

# **Course Structure**

<b>Course Code</b>	Course Title
Semester I	
HIS 101	Introduction to Historical Concept
HIS 102	World History
Semester II	
HIS 121	Nepalese History
HIS 122	World History
Semester III	
HIS 231	Nepalese History
HIS 232	World History
Semester IV	
HIS 241	Nepalese History
HIS 242	World History
Semester V	
HIS 351	Nepalese History
HIS 352	World History
Semester VI	
HIS 361	Nepalese History
HIS 362	World History
Semester VII	

HIS 471 World History

HIS 472 Nepalese History

# Semester VIII

HIS 481 Research Methodology in History

HIS 482 World History

### **Faculty of Humanities and Social Sciences**

Course title-Introduction to Historical Concept Full Marks:- 100

Course No- HIS 101 Pass Marks:- 45

Nature of the course: Theory Period Par Week:- 3

Year First: Semester-First Time:- 1hr.

Level-Bachelor of Arts

Total Period: - 45

### 1. Course Description:

This course aims to acquaint the student with basic concepts of history (Theory and Practical). The course incorporates seven units. The first unit deals with the definition of history and its relation with other subjects. The second unit deals with the human access in the Hindukush range. The third unit concerns with the Rivers and shelters of indigenous men of this region. The fourth unit deals with business routes of Trans Himalaya and exchange of human civilization through Bolan Pass and the Khaibar Pass. The fifth Unit discloses with the human migration in this region from different parts as the Protohistoric studies. Unit six deals with the edibles of early men and the items available in this region. The seventh unit deals with the main historical remnants of the rarely men's settlement and early human caves and remnant of different human organs main spots of human settlements and main foot trails used by them.

# 2. Course objectives:

The general objectives of the course are as follows.

- To acquaint the students with basic concept of History and its relations with other subjects like geography, economic activities of early men.
- To enable the students to find out the human settlements, main foot trails and route they used etc.

# 3. Specific Objective

Objectives	Course contents	
To acquaint the definition of history and its relations with other subjects.	Unit 1 (8)  Meaning and definition of history and its relation other subjects like Geography, Culture, Political S Science, Management and Economics etc. A str. Geography in relation to History and the Him Passes like Tinker, Lipu, Urai, Yari, Panchachu Khaibar Pass, Bolan Pass access to Europe. From the beginning.	cience, udy of nalayan ıli and
To identify the ecology of Himalaya, hills, valleys, foothills and the Tarai.	Unit 2 (8)  Nepal Himalaya, the hill area, the valleys, foothills a	and

	Tarai-climate and vegetation, flora and fauna. The excess in the region in different age and time	ne human
To identify the natural resources of those regions and recon the potential sites of the human movement and their access.	Unit 3 (7)  The river courses, Potentialities to harness them, valleys, human shelters, original and indigenouthe region and the areas of their movement. The water reservoirs to irrigate the	us men of
To acquaint the life style of the Kusundas, Rautys, Rajis and Banamanis	A study on the life cycle of the indigenous tribes like Rautyas, Kusundas and Bananmanis and in addition to Rajis. The main areas of settlement, behaviors and dealing of those tribes who still are present in the forests and reluctantly adopt the modern civilization, their skills and pattern of settlement, cultural impacts and interactions with other tribal areas	
To study the Human migration form north to south, west to east and synergetic trend of human race.	Unit 5 (8)  The Hinas, the Hans, The Mongols, The Tr tartars and the khas as assimilation in the regraces inclusion and intrude in the reigon. The k Jalandharas and the original places of the differences.	rurks, The ion, Other ciratas, the
To study the proto-historic men of the region and their tools and forest edibles they used.	Unit 6 (8)  The proto-historic men and their main settled areas the natural life, areas of their roaming and their forest edibles they used, The caves they used the animals they hunted and their life-cycle, their facial and physical structure and their practice to use two feet.	
To study the settlement areas of the historic men	Unit 7  The main centers of the historic men-gorges and valleys, Remnants of historic men, The main spon historic caves and foot –trails of the historic men	ots of

# **Prescribed Books and References:**

Pande Ramniwas, Making Of Modern Nepal, Jaipur: Nirila publication, 1985.

Sharma Janaklal Hamro Samaj, Kathmandu: Sajha Prakashan ,2052.

### **Faculty of Humanities and Social Sciences**

Course title- World History Full Marks:- 100

Course No- HIS 102 Pass Marks:- 45

Year First: Semester-First Period Par Week:- 3

Level-Bachelor of Arts Time:- 1hr. Total Period:- 45

# 1. Course Description:

This course aims to acquaint the student with basic concepts of world history (Theory and Practical). The course incorporates seven units. The first unit deals with the civilization of Egypt and its geographical setting development of human civilization. The second unit deals with the knowledge of excavation to find out the facts of ancient civilizations. The third unit concerns with the history of Egypt

and its different phases and brief introduction of an empire as well as its disintegration. The fourth unit deals with the process of shifting of the human civilization from one place to another with different factors. The fifth unit concerns with the development of philosophy on the basis of Greek civilization and the philosophers on the basis of Greek mythology and historical sources. The sixth unit deals with the quality of human mind physique which continued through ages by the human race and developed with different factors. The seventh and the last unit deals with the achievements and the qualities of the Greek philosophers and the age of foreign invasion on Greece. This situation changed after the foreign inclusion into the society and has a long impact in the history of Europe. Its main achievements can be noted as a message of civilization of the world.

- 2. Course objectives: The general objectives of the course are as follows.
- To acquaint the students with basic concept of world history and its continuous relations with the generations of the past and posterity.
- To enable the students to find out the major human civilizations of the world.

3. Specific Objective	<b>Course contents</b>	
To acquaint the student s about the civilization of Africa.	the rivers. Egyptian to	human civilization at the banks of pography both of upper and lower to presence of Egyptian civilization iver Nile.
To identify the knowledge of excavation and its report analysis of the achieved	Unit 2.	(10)

objects.	The philosophy of human soul was ref	lected in
	the construction of the Pyramids in Egymemory tombs. The socio cultural econarchitecture of ancient Egypt and the it the Pyramids. The system of distribution river Nile. The first phase of Egyptian	nomy, art and tems preserve inside
	Civilization is also identified.	
To acquaint the phase of disintegration and	Unit 3	(8)
its causes of Egyptian empire.	Caused of the downfall of ancient Egyp	pt main spots of
	Ancient civilization. Foreign impact fo Egypt.	reign invasion in
To find out the shift of civilization from	Unit 4	(8)
one region to another	Human civilization in Europe. The geo Ancient monuments and other physical Development of small city states.	
To acquaint the norms an value of	Unit 5	(10)
philosophy on the basis of Greeks.	The foundation of Greek city states. Sy government. Factors for the development state concept and races in Greece.	
To acquire the quality of human mind and	Unit 6	(10)
the physical achievements of the		
	The famous deities of Greeks, oracles,	trend of worship.
Greeks.	The famous deities of Greeks, oracles, Attitude of the people and rulers. Rival states of Greeks. Sparta and Athens and	lry among the city
To achieve the quality of the Greeks mind	Attitude of the people and rulers. Rival	lry among the city
	Attitude of the people and rulers. Rival states of Greeks. Sparta and Athens and	dry among the city d their conflicts.

# **Prescribed Books and References:**

Prescribed Books and References:

-Benny Morris, **The Middle East Journal** vol.40,.No.4 chatter ji Nikshoy Autumn(1986) pp.671-85

- -Subedi Raja Ram, History of the Middle East, Kathmandu: Bidarthy Pustak Bhandar, 2058
- -Dahal Ram Kumar, **Egypt's Dominant Role in Arab-Israel Conflicts**, Kathmandu : Unpublished Master's Thesis T.U. Control Department of Political Science,1978
- -Emiele F. Sahilyeh, The P.L.O . After the Lebanon War, London: West view press,1986
- -Geoge E.Kirk, History of Middle East, Delhi:Surajeed Publications, 1980
- -Gupta B.C. Focus on Morocco, New Delhi: Sociallook publications, 1978
- -Nehru, Jawaharlal, Glimpses of world History, Madras: Asia Publishing House, 1967

# **Faculty of Humanities and Social Sciences**

Title: **Nepalese History** Full Marks: 100

Course No.: HIS 121 Pass Marks: 45

Nature of the Course: Theory Period per Week: 3

Year: First Time per Period: 1 hr.

Semester: Second Total Period: 45

Level: Bachelor of Arts

# 1. Course Description

This course aims to acquaint the students with basic concepts of Nepalese History (Theory and Practical). The course incorporates Five Units. First Unit deals with the study of the movement of the Stone Age Men. Unit second contains the Mining Age and the main activities and movement of the human race. Unit three deals with an acquaint the knowledge of history and history writing on the basis of the knowledge of historiography. Unit four deals with historiography of Europe and Asia in the modern age. Unit five interprets the use of different techniques and meaning of research methodology, especially in history writing.

# 2. Course Objectives

The general objectives of the course are to acquaint the students about the Stone Age Men, the Mining Age, tradition of history writing and the development of historiography in the Ancient, Medieval and Modern times.

3. Specific Objective	Contents	
To study the	UNIT 1. The Stone Age Men,	B. V. Rao, World History,
movement of the Stone	Paleolithic age, Mesolithic age	Chapter 1
Age Men.	and Neolithic age (Total	
	Periods: 8)	
• To study the mining	<b>UNIT 2.</b> The mineral deposits,	R.R.Subedi, Nepalko Tathya Itihas,
deposits and the mining	exploited by the ancient men and	Chapter Two.
activities of ancient	the areas of human movement.	
men and the human	New innovations of different	
movement areas.	mineral deposits by men in	
	different times.	
	(Total Periods : 8)	

• To acquaint the knowledge of history and history writing on the basis of Ancient and Medieval historiography.	UNIT 3. The traditional knowledge of history through changing form of oral sources into script writing. The history basedon tales and the legendry sources and the oral histories recited by the traditional folk lore singers.	K.K. Adhikary, Brief Survey Of Nepalee History, Chapter First.
• To study the historiography of Europe and Asia in the modern times on the basis of previous writings.	UNIT 4. The Greek Historian, the Roman Historian and their contribution to the history writing. The German and the British historians and the contributions of the Indian and the Nepalese historians in the field of history writing. (Total Periods: 20)	DilBahadur Chhetry and Chandrakant Paudel, European history Writing, Chapter Two.
• To understand and the use of the techniques of research methodology in history and social sciences.	UNIT 5. An introduction to research methodology, its meaning and use in history writing. The authentic sources and its credibility with proper interpretation of history and culture. Sources of history and culture available in the Far Western Region. (Total Periods: 15)	Rajesh Gautam, History of History Writings, Chapter Three. Shafer,R.J. A Guide to Historical Method, Chapter Four. Acharya,B.R.ResearchMethod s andReport Writing, Unit Two.,, Social Survey and Research Methodology,Meruth:Kedarna th, 1975 Chapter 3.

- 1. Acharya Balaram, Research Methods and Report WritinginSociologyandAnthropology,Adhikari, Kathmandu: National Book Center, 2067B.S. K. K., *A Brief Survey of Nepali Historiography*, Kathmandu: Sahayogi Press, 1980 \
- 2. Gautam, Rajesh (compiled), *The History of History Writings*, New Delhi: Adroit Publishers, 2005.
- 3. Hockett. H. C., The Critical Methods in Historical Research and Writing, New York: Macmillan, 1964.
- 4. Kirlinger, Fred N., Foundation of Behavioral Research, 3<sup>rd</sup>edn. Bangalore, Prism Books, 1995.

Social Research.

- 5. Kothari, C. R., Research Methodology: Methods and Techniques, New Delhi: Wiley Eastern Limited.
- 6. Kshetry, A Brief Analysis of History Writing in Nepal, Pokhara,
- 7. Phillips, Bernard S., New York: McMillan, 1991.
- 8. Shafer, R. J., A Guide to Historical Method, Illinois: Dorsey Press, 1969.
- 9. ChettariDilBhahdur, Poudel Chandra Kanta, *EuropaliItihaslekhantathaSodhBidthi*, Pokhara: SmtParbatiChettari and SmtKaladeviPoudel, 2065 B.S
- 10. 10. BhaisabBasudev, *Sudur Pashima Doti Pradesh kalok Gatha Abalokan*, Mahendra Nagar: Mahakali Sahithya Sangam, 2063 B.S
- 11. AryalIshower, Naya Nepal Koltihas, Kathamandu:, RatnaPustakBhandar, 2020B.S

- 12. ChettariThapaNetrabhadur, *SansarkoItihaskoEkJhalak*, Kathamanu: Salman and Brothers,2020BS
- 13. SatyalYagaraj,Bhattarai Mohan Dev, *Sansarko Sano Itihas*, Kathandu: Naya Nepal Prakash 2024 B.S
- 14. RamniwasPande, Niranjan Sharma, NepalkopauranikItihasKathmandu: CNAS, 2055

# **Faculty of Humanities and Social Sciences**

Title: World History Full Marks: 100

Course No.: HIS 122 Pass Marks: 45

Nature of the Course: Theory Period per Week: 3

Year: First Time per Period: 1 hr

Semester: Second Total Period: 45

Level: Bachelor of Arts

# 1. Course Description

This course aims to acquaint the students with basic concepts of World History (Theory and Practical). The course incorporated Five Units. Unit first clarifies the characteristics of oriental civilization and its message of human development, norms and values of life. Second Unit helps students to know the different tribes in the eve of Medieval World in the East. Similarly the third unit deals with the social psychology of the people. Unit four conveys the knowledge of the situation of medieval world as the age of darkness. Unit five deals the origin of philosophers of Far-East, South-East and the Middle-East.

# 2. Course Objectives

The general objectives of the course are to acquaint the students about the civilization endeavor and its message to the human development, causes of different wars, philosophers of South- East and the Middle-East who enriched the human value and civilization of that time, Medieval World in the east and west and its impact to the society.

3. Specific Objective	Contents	
To know the	<b>UNIT 1.Characterstics of oriental</b>	Rahul Sankrityana,
characteristics of	history and its bases of	Rigvedic Arya, Delhi:
eastern Civilization	civilization.(Total Periods : 12)	Qitab Mahal,1957. Appendixes.
• To know the	<b>UNIT 2.</b> Tribes who participated in	Mahabharata, AdiParba.
various tribes in the	the war of Mahabharata and its	
eve of Mahabharata.	consequences. (Total Periods:	
	12)	
• To study the	<b>UNIT 3.</b> The social psychology of	Srimadbhagawad Gita.
teaching of the Lord	the people and the role played by	
Krishna.	Lord Krishna.	
	(Total Periods : 12)	
• To know the	<b>UNIT 4.</b> The Medieval world in the	Van Loon Hendrix,The
medieval age and	east and west which prevailed the	Story of
stagnation in the	world in the veil of darkness.	Mankind, Great Britain:
development of human	Emergence of ill practices in the	The British Publishers"
civilization.	society. Sati, Slavery,	Guilt,1996.Chapters;

	Superstitions Caste and color discrimination. (Total Periods : 12)	28,29-39.
• To understand the	<b>UNIT 5.</b> The philosophers like	Kiranshankar,Biswa
message of the	Buddha, Jain, Christ, Confucius,	Dharma koVarnamala,
philosophers of Asia.	Mohammad and the Sikh.	Chapters:2,3,5,6,9,11
	(Total Periods : 12)	and 12.

# **References books:**

- 1. Lamb GF, *Tales of Human Endeavour* (London:GeorgeHarrapanel Company,1957.
- 2. Ruttledge- Hugh *Everest*, London: George G Harrap and company, 1933. (Chapter one)
- 3. Wooly Sir Learned, *Digging up the Past*, London George G, Harrap of the world Oxford University Press, 1978.
- 4.W.Friedmann, An Introduction to world politics, Newyork: Macmillan and company 1957
- 5. Prakash Ravendra, *The Battle of The Books*, Agra: Laxinaryan Agrawal, (Chapter one)
- 6.Kafle Maya Prasad, Bishwako Samchipta Itihas, Biratnagar: Kafle Prakshan 2035.B.S
- 7.2026B.S.Kiranshankar,Biswa Dharma koVarnamala, Kathmandu: Sajha Prakashan,B.S.2026. Manandhar Ram Bhakta,*BishwaItihaskoRooprekha*,Kathamandu: RatnaPustakBhandar 2029 B.S.
- 8. Wells.H.G, History of World, London: Penguing Books 1953
- 9. Fisher J.A.L, History of Europe, London: Fontana/Collins, 1984
- 10. Rude George, Revolutionary Europe, London: Fontana/colling 1979
- 11. Von Loon, Handrick, The Story Of Mankind, Great Britain: The British Publishers, 1996. B.B.Rao, World History, New Delhi: Sterling Publishers, 1997.

# Far Western University Faculty of Humanities and Social Sciences

Course Title: Nepalese History
Course No: HIS 231
Year: Second
Semester: Third
Level: Bachelor of Arts

Full Marks: 100
Pass Marks: 45
Period per week: 3
Time per period: 1 hr.
Total Periods: 45

- 1. Course Description: This course aims to acquaint the students with basic concepts of Hinduism and Buddhism during ancient period and prominent races and their festivals in Nepal. The Course incorporated Four units. The First unit deals with geo-political situation of ancient Nepal. Second unit convey the knowledge of formation of society/ Hinduism and Buddhism in ancient Nepal. Third unit clarifies about Nepalese races and Last unit helps students to know the different festivals performed by Nepali People.
- 2. Course Objective: The General objective of this course is to provide the students general knowledge and understanding on the Hinduism and Buddhism in ancient Nepal. This course also focuses on the Nepalese races and their major festivals.

# 3. Specific Objectives and Contents

<b>Special Objectives</b>	Contents	Recommended Books
To study the geo- political history of ancient Nepal	Unit 1:  1. Introduction to geography and politics 2. Brief survey of Major Rulling dynasties- Gopal, Mahispal, Kirat and Licchavis.  (Total Periods: 10)	<ul> <li>Hari Ram Joshi, Pages of the Forgotton Past, Lalitpur: Joshi Research Institute, 1991. Chapter-1,8,10,11</li> <li>Dil Bahadur Kshetri, Prachin thatha Purba Madhyakalik Nepal, Kathmandu:Nirantar Prakashan, B.S. 2062. Pp. 52-59, 105-109, 110-172</li> </ul>
To acquaint the knowledge of formation of the society/ Hinduism and Buddhism in ancient Nepal	<ol> <li>Unit 2:         <ol> <li>Formation of Nepalese Society.</li> <li>Socio-Religious composition of Nepalese Society.</li> <li>Shiva, Vaishnab and Shakacult in Hindusm.</li></ol></li></ol>	<ul> <li>Jagadishchandra Regmi,         Nepalko Dharmik Itihas,         Chapter- 1,3</li> <li>Shankar Thapa "History of         Nepalese Tradition to the         Licchivi Period" Voice of         History, Vol- XVI, No. 2,         Dec. 2001, pp.25-42</li> <li>Khadkaman Shrestha, History         of Buddhism in Nepal,         Kathmandu: Mrs. Kamala         Devi Shrestha, 2008,Ch-3.</li> </ul>
To study the Nepalese races	Unit 3  1. Ethnic groups in Nepal- A Historical Perspective.  2. Various Races of Nepal-Terai, Hill, and Himalayan regions: Sherpa, Rai, Limbu, Gurung, Magar, Tamang, Khasa, Newar, Tharu, Maithili, Bhojpuri, Abadhi, Chepang, Raute, Mushahar.	<ul> <li>Dor Bahadur Bista, People of Nepal Part1-3</li> <li>Rajesh Gautam &amp; Ashok Kumar Thapa, Tribal Ethnography of Nepal, Vol-1, New Delhi: Book Faith India, 1994</li> </ul>

	(Total Periods: 15)	
To understand the festivals Performed by Nepalese People.	<ol> <li>Unit 4         <ol> <li>General Survey of Nepalese Festivals.</li> <li>Social Harmony and religious syncretism.</li> </ol> </li> <li>Religious, Cultural, Social and Economic Importance and significance of Dashain, Holi, Lhosar, Chhat, Maghi, Udhauli, Ubhauli, Gaura Parva, Bisket Jatra, Bhowa Parva, Holi and Dasharo.         <ol> <li>(Total Periods: 20)</li> </ol> </li> </ol>	<ul> <li>Hariram Joshi, Nepalka         Chadparva, Lalitpur: Joshi         Reseach Institute, 2060 B.S.</li> <li>Khadkaman Shrestha,         "Religious Syncretism and         Contex of Buddhism in         Medieval Nepal", Voice of         History, Vol. XVI-XX, No. 1,         Dec, 2005, pp. 51-60</li> </ul>

Anderson, Mary, The Festival of Nepal, London: Allen and Unwin, 1971

Bista, Dor Bahadur, Sabai Jatko Fulbari, Kathmandu: Sajha Prakashan, B.S. 2064. (8th Edition).

Hafer, Andras, The Caste Hierarchy and State in Nepal, A study of the Muluki Ain of 1854. Innsbruck M Universitatsverlag Wagner, 1979, (Second edition in 2004 from Himal Books Kathmandu).

Jha Hit Narayan, The Licchavis of Vaisali, Varanasi: Chowkhamba Sanskrit Series, 1970.

Joshi, Satya Mohan, Nepali Chadparva, Katmandu: Nepal Rajakiya Pragya Pratisthan, B.S. 2039.

Mujpuria, T.C. and Gupta, S.P. Nepal: The Land of Festivals, New Delhi: S Chand and Company, 1981.

Maskey, Govinda, Social Life in Nepal: From Tradition to Modernity (1901-1925), New Delhi: Anamol Publication, 1996.

Regmi, D.R., Ancient Nepal, Calcutta: K.L. Mukhopadhyaya, 1969.

Sharma, Janaklal, Hamro Samaj: Ek Adhyayan, Kathmandu: Sajha Prakashan, B.S. 2049. (2nd Edition)

Sharma Pragya Raj, The State and Society in Nepal, Historical Foundation and Contemporary Trends, Kathmandu: Himal Books, 2004.

# Far Western University Faculty of Humanities and Social Sciences

Title: World History
Course No.: HIS 232
Pass Marks: 45
Nature of the Course: Theory
Year: Second
Full Marks: 100
Pass Marks: 45
Period per Week: 3
Time per Period: 1 hrs

Semester: Third Total Period: 45

Level: Bachelor of Arts

1. Course Description:

# This course intends students to gain knowledge on selected themes of ancient world. It starts with the evolution of human race. Then Neolithic age marked a revolutionary change in human behavior when human beings shifted to sedentary life styles starting agricultural activities. After reading these areas, students will learn about selected ancient civilizations from ancient Greece to the Indus valley . Then after, it will also give attenuation to certain themes of ancient India, this course will also cover the central Asian region focusing mainly on geography and politics and also religious history and Silk Road trade. This course will also cover some other topics such as Hinduism and Buddhism, festival associated with them and also certain aspects of art and architectural history.

# 2. General objective:

After the completion of this course, students will be able to know how civilization development in ancient Europe, North Africa and the Indian subcontinent leading to understand later historical development. They will also acquaint with art and architecture, basic notions of Hinduism and Buddhism and major festivals celebrated by the Hindus and Buddhists. Similar, it will also help students to be familiar with the central Asian region in the historical perspective.

Specific objective	Course units	Suggested reading
1	Unit 1 Ancient w	
The specific objective	1. Evolution of human race	1. Lewin, Roger, Human evolution: An
of this unit is to provide	a. Basic introduction	illustrated introduction, London:
general outline of the	b. Neolithic age and	Blackwell, 2004 fifth edition
ancient world focusing	sedentary life	(download at :archive.org)
on ancient civilization,	2. World civilization	2. The Neolithic Revolution pp.10-32,in
major civilization and	a. Meaning and Origin	gamble, Clive, Orgins and revolution
ancient India	of civilization?	Human identity in earliest prehistory
	3. Features of major world	Cambridge University press,2007
	civilization	3. Seignobos, Charles, <i>History of</i>
	a. Greek and Roman	civilization, London: T. fisher Unwin
	civilization	[downloaded
	b. Egyptian civilization	at:www.scribd.com/doc/18736832/Hist
	c. Mesopotamian	ory of –Ancient-civilization]
	civilization	4. Thapar Romila, the Pengiun <i>History of</i>
	d. Indus valley civilization	early India from the origins to AD 130
	4. Ancient India	London: penguin Books, 2002
	a. Arrival of the Aryans	[Downloaded at:
	and its consequences.	www.watflorida.org//history%20of90
	b. Indian religions –	early%india%20form%20t
	Vedic religion and	
	Buddhism	

[Total periods 20]			
Unit 2:centeral Asian region			
As central Asian region occupies important strategic place in Asia and also has century's long histories of Buddhism as well as Islam. This course intends students to learn about history religion etc of central Asian region.	<ol> <li>Introduction to geography and politics</li> <li>Society and religion of central Asia</li> <li>Ancient religions-Buddhism and Islam in central Asian region</li> <li>Silk Road and Central Asia- Religion and Trade</li> <li>[Total periods 10]</li> </ol>	<ol> <li>Haase, Scott, Central Asia: A study of history, society, culture, Hawaii Pac university,2008.</li> <li>Kogi Kudara,'a rough Sketh of central Asian Buddhism, Pacific word journal of the institute of Buddhist studies, Third series, number 4, fall,2002, p. 93-107.</li> <li>Urugodawatte, Bindu ,Buddhism in central Asia, www.royalasistictssociety.lk/wp-content//8.Bindu-urugodawatte.po</li> </ol>	
	Unit 3: Art and arch		
After completion of this course, still will be knowledgeable on central Asian region especially Hindu, Islamic and Buddhist Art traditions.	<ol> <li>Defining art and architecture</li> <li>Architecture – Byzantine, Islamic, Hindu and Buddhist architecture</li> <li>Art- Hindu, Islamic, Buddhist</li> </ol>	<ol> <li>Brown, Percy, Indian architect (Buddhist and Hindu period), Bombay 1971</li> <li>Huntington, S, the Art of Ancient Indian (Buddhist, Hindu, Jain), Tokyo: 1985.</li> <li>Grover, Satis, The Architecture of</li> </ol>	
	[Total period 10]	Indian Buddhist & Hindu, Delhi, 1980	
For south Asian region both Hinduism and Buddhism are equally Important. Therefore, the specific objective is to make student fully acquainted with basic notions and	Unit 4: Hinduism and  1. Brief introduction to Hinduism – History basic features [ten commandments, karma, rebirth, Avatar, rituals]  2. Introduction to Buddhism: origin, basic tenets, and the goal	1. Sri Swami Sivananda, all about Hinduism, Tehri- Garhwal: The Divi life trust society,1999.  2. Thapa, Shanker, <i>Bauddha darshan</i> Parichaya (in Nepali), Kathmandu: judgment Eye and law co. 2070	
philosophies of	[Total periods 10]		
Hinduism and			
Buddhism.  Unit 5 Festivals and observances of Hinduism and Buddhism			
Unit 5 The specific objective	Festivals and observances of I  1. Defining festival	Hinduism and Buddhism  1. Getz, Donald, 'The Nature and scope	
is of this unit, is that students will learn in depth on about festival and their significance in the modern context	<ol> <li>Festival of Hindus Shiva Ratri, Jsnmastami, Durga puja, Deepawali, Rakshya Bandhan,</li> <li>Festivals of Buddhism – Buddha Jayanti in Mahayana countries, Vesakha festival in Theravada countries, Uposatha and Kathina ceremony.</li> <li>[Total periods 10]</li> </ol>	of festival studies', International journal of Event management Research volume 5, number1, 2010  www.ijemr.org  2. Khatry, Prem, 'An anthropological inquiry into the Buddhist festival of Kathmandu valley', contribution to Nepalese studies, 23:1,jan 1996, pp. 89-108.  3. Anderson, the Festivals of Nepal, London: George Allen and Unwin,	

# **Faculty of Humanities and Social Sciences**

Course Title: **Nepalese History** Full Marks: 100

Course No.: HIS 241 Pass Marks: 45

Year: Second Period per Week: 3

Semester: Fourth Time per Period: 1 hrs.

Level: Bachelor of Arts Total Period: 45

# 1. Course Description

This course aims to acquaint the students with basic concept of Baise and Chaubise principles of Western Nepal during the Medieval Period. The course is incorporated into Four Units. The first unit deals with the geographical location and various Principalities of Medieval Nepal along with various races. Second unit conveys the knowledge of Khasa Kingdom and Baise Principalities. Third unit clarifies about Chaubise Principalities. Last unit helps student to know the role of king of Gorkha in context of the Unification of Nepal.

# 2. Course Objectives

The general objective of this course is to provide the students brief information about Khasa Kingdom, Baise Chaubise Principalities of Medieval Nepal. This course also focuses on the Political, social and economic condition of those Petty Principalities.

Specific Objective	Contents	Recommended Books
To Study the geo-political history of Baise and Chaubise Principalities	<ol> <li>UNIT 1</li> <li>Introduction to geography and politics of Baise Chaubise Principalities.</li> <li>Racial Structure of Baise Chaubise Principalities.</li> <li>Brief Survey of the ruling Dynasties         <ul> <li>The Khasa of Karnali</li> <li>Shah of Gandaki Region and</li> <li>Sen of Palpa (Total Periods: 10)</li> </ul> </li> </ol>	Ram Niwas Pandey, Making of Modern Nepal, New Delhi;  Nirala Publication. 1997  -Dor Bahadur Bista, People of Nepal, Kathmandu:Ratna Pustak Bhandar. 1976 (Third Edition)

To acquaint the knowledge of Khasa Kingdom and Baise Principalities of Western Nepal.	Emergance of Khasa Kingdom in Western Nepal.     Disintegrration of Khasa Kingdom.	-Surya Mani Adhikari, The Khasa Kingdom, New Delhi: Nirala Publications. 1997 pp. 25-41.
To study the Chaubise Principalities of Nepal.	<ol> <li>UNIT 3.</li> <li>Emergance of Chaubise Principalities.</li> <li>Brief Survey of Political history of Chaubise Principalities.</li> <li>Emergance and Expantion of Senas of Palpa.</li> <li>Nature of Relation between the Chaubise Principalities.</li> <li>(Total Periods: 20)</li> </ol>	- Bishnu Prasad Ghimire, <i>Palpa Rjyako Itihas</i> (Bhag-1) Bharatpur: Srimati Padma Ghimire. 2045 B.S., pp. 22-53.
To understand the policy of Gorkha and condition of Baise and Chaubise Principalities of Nepal.	Brief Survey of Economic, Social and Religious Conditions of Baise nd     Chaubise Principalities.      Publicate of Hariff actions of Brithining and Chaubise Principalities.	-Ludwing F. Stiller S.J. The Rise of The House of Gorkha, Kathmandu: Ratna Pustak Bhandar, 1975 (Second Printing), pp. 76-100.

Acharya Baburam, Shree Panch Badamaharajadhiraj Prithivinarayan Shah ko

Sansipta Jivani (Bhag 2) Nepal: Sre Pach Maharajdhiraj Ka Press Sachivalaya 2024

Adhikari, Suryamani, Baise Raajya ko Itihas, Kathmandu Bhudipuran Prakasan. 2060

B.S.

- Hamilton, Fracis Buchanan, An Account of the Kingdom of Nepal, New Delhi: Asian Education Service, 1986 (Reprint)
- Panta, Dineshraj, Gorkha Ko Itihas (Second Volume) Kathmandu dinesh Raj Pant Prakasan, 2043 B.S.
- Sharma Janak Lal, Hamro Samaj: Ek Adhyayan, Kathmandu: Sajha Prakashan, 2049 B.S. (Second Edition)
- Shrestha, Tek Bahadur, Parvat Rajya Ka aitihasik Ruprekha, Kathmandu; Nepal Ra Asiyali Anusandhan Kendra, 2049 B.S.
- Subedi, Rajaram, Baise Rjyako Aitihasik Ruprekha Kathmandu; Nepal Ra Asiyali Anusandhan Kendra, 2055 B.S.

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# Far Western University Faculty of Humanities and Social Sciences

Level: Bachelor of Arts

Course Title: World History

Course No.: HIS 242

Semester: Fourth

Full Marks: 100

Credit Hours: 3

Period per week: 3

Time Per Period: 1 hour

Total Classes: 45

Nature of the Course: Theory

# **Course Description:**

This course covers the areas of origin of races, ancient states, feudalism and report writing. The origin of races is important subject to understand entire history of races. There are different theories on origin of races that are addressed in the first unit. Another area addressed in this course is about the ancient states mainly concentrating on formation, disintegration and collapse. Feudalism is another important theme to understand universal society. This unit lays emphasis on its origin, feudalism in Europe and Asia as well as basic features of Indian feudalism general characteristics of the feudal system. The final unit focuses on report writing particularly in history. It intends to make students knowledgeable on meaning of the project work, methods of report writing and preparing the final report. Students are required to do home work on it too.

# **General Objective:**

The general objective of this course is to give student general outline of world history based on the topics referred in the units mentioned so far. It intends to give students basic knowledge on origin of races, ancient states, feudalism and also report writing in history.

Specific Objective	Course Units	Suggested Readings
The specific objective	Unit 1 Origin of Race	1. Coon, Carletons, <i>The Origin of</i>
of this course is to	1. Etymology and history of	Races, New York: Alfred A.
provide students with	the Races	Knopf, 1962.
history of races. At	2. Early Speculation on	2. Sturtevant, William C.,
the end of the course,	Origin of Human Races	Seminole Myths of the Origin of
students will learn	a) Greek and Roman	Races, Ethno-history, Vol. 10,
about various theories	theories	No. 1 (winter, 19uz63), pp. 80-
on origin of races	b) Medieval Theories	86 Published
	c) Early Modern	3. Greene, John C., some Early
	Theories	Speculations on the Origin of
	d) Age of Enlightenment	Human Races, American
	and Races	Anthropologist, New Series,
		Vol. 56, No. 1 (Feb., 1954), pp.
	[Total periods 15]	31-41
		4. Cavalli-Sforza, L.L., Origin and
		Differentiation of Human Races,
		Proceedings of the Royal
		Anthropological Institute of
		Great Britain and Ireland, No.
		1972 (1972), pp. 15-25.
		5. Keith, Arthur, The Evolution of
		the Human Races, The Journal

This units aims at providing specific knowledge about state formation in ancient times, disintegration and collapse	Unit 3: The Ancient States  1. ancient State Formation 2. Disintegration of States 3. Collapse of Ancient States  [Total Periods 10]	of the Royal Anthropological Institute of Great Britain and Ireland, Vol. 58 (JulDec., 1928), pp. 305-321.  1. Yoffee, Norman and George L. Cowgill (ed.),The collapse of Ancient States and Civilizations, Tucson: University of Arizona Press, 1991.  2. Greene, John C., Some Early Speculations on the Origin of Human Races,' American Anthropologist, 56: 1954, pp. 31-41.
The specific aim of introducing this unit on 'Feudalism is to impart knowledge how feudalism originated and what actually it is. In the same way it also has objective to make student acquainted with feudal modes in Asian societies focusing on Indian feudalism. This course also imparts knowledge on the feudal system as a whole.	<ol> <li>Unit 3: Feudalism</li> <li>Origin and Introduction to Feudalism</li> <li>Introduction to Feudalism in Europe</li> <li>Feudalism and Asian societies</li> <li>Basic Features of Indian Feudalism</li> <li>The feudal system characteristics</li> <li>[Total Periods 20]</li> </ol>	<ol> <li>Beginnings of Feudalism in Bengal, Vijay Kumar Thakur, Social Scientist, Vol. 6, No. 6/7, special Number of West Bengal (JanFeb., 1978), pp. 68-82</li> <li>Sharma, R.S., How Feudal 1. Was Indian Feudalism? Social Scientist, Vol. 12, No. 2, Marx Centenary No. 3 (Feb., 1984), pp. 16-41.</li> <li>Liu, James T.C. Feudalism and Asian Societies: A Review Article, Pacific Affairs, Vol. 29, No.2 (Jun., 1956), pp. 181-186.</li> <li>Carl Stephenson, The Origin and Significance of Feudalism, The American Historical Review, Vol. 46, No. 4 (Jul., 1941), pp. 788-812.</li> <li>Adams, George Burton, 'Anglo-Saxon Feudalism', The American Historical Review, Vol. 7, No. 1 (Oct., 1901), pp. 11-35.</li> <li>American Feudalism, Ruggiero Romano and Stanley J. Stein, The Hispanic American Historical Review, Vol. 64, No. 1 (Feb., 1984), pp. 121-13.</li> </ol>
At the end of this course, students will learn how to write a research report. The teacher will teach	Unit 4: Report Writing  1. Meaning and Objective of the Project Work  2. Methods of Report Writing	1. Lehning, James R., Writing about History and Writing in "History", The History Teacher, Vol. 26, No. 3 (May, 1993), pp. 339-349.

some basics of
writing research
report. To evaluate
students about the
knowledge they
acquired, assignment
will be given to each
student to submit a
report that will
enhance them in
practical knowledge.

- a. Introduction
- b. Data or Findings
- c. Discussion
- d. Conclusion
- 3. Preparing the Final Report
- 4. Task for Students to prepare a Report

# [Total Periods 15]

- 2. Schlenker, Richard M., Student Research Report Writing, The American Biology Teacher, Vol. 52, No. 8 (Nov.-Dec., 1990), pp. 491-492
- 3. <u>Super Report Writing.pdf</u>, www.dlsweb.rmit.edu.au/lsu/.../super%2report%20writing.pdf

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# Far Western University Faculty of Humanities and Social Sciences

Course Title: Nepalese History

Course No: HIS 351

Nature of the Course: Theory

Year: Third Semester: Fifth

Level: Bachelor of Arts

Full Marks: 100

Pass Marks: 45

Period per week: 3

Time per period: 1 hr.

Total Periods: 45

- **4. Course Description:** This course aims to acquaint the students with basic concepts of unification of Nepal, role of Petty Principalities and Anglo-Nepal war. The First Unit deals with the Unification Campaign of Prithvi Narayan Shah. Second Unit conveys the knowledge of the role of Regency Period in Unification. The last helps students to know about Anglo-Nepal War 1814-16.
- **5.** Course Objective: The General objective of this course is to provide the students general knowledge and understanding of the Unification Campaign. This course also focuses on the Anglo-Nepal war.
- 6. Specific Objectives and Contents

Special Objectives	Contents	Recommended Books
Study of the Unification Campaign of Prithvi Narayan Shah	<ul> <li>Unit 1:</li> <li>3. Role of Prithvi Narayan Shah in conquering Kathmandu Valley Kingdoms and Senas of eastern Nepal.</li> <li>4. Major events of the Kathmandu Valley Kingdoms and Senas of eastern Nepal in defense to the Gorkhalis (Total Periods: 20)</li> </ul>	<ul> <li>बाबुराम आचार्य, श्री ५ बडामहाराज पृथ्वीनारायण शाहको संक्षिप्त जीवनी ( भाग-२) नेपालः श्री ५ महाराजाधिराजका प्रेस सचिवालय, वि.सं. २०२४ ( परिच्छेद, ६,७ पृ.२२३-३०३)</li> <li>बाबुराम आचार्य, श्री ५ बडामहाराज पृथ्वीनारायण शाहको संक्षिप्त जीवनी ( भाग-३) नेपालः श्री ६ महाराजाधिराजका प्रमुख संवाद सचिवालय, वि.सं. २०२५ (परिच्छेद, १०-११, १६, पृ. ३९७-४९१, ४२३-४४१, ६०१-६१७)</li> <li>Ludwig F. Stiller S.J., The Rise of House of Gorkha, 1975, The patna Jesuit Society, (pp. 101- 140)</li> </ul>
Study of Events and their consequences during the Regency period in the Unification	Unit 2:  4. Role and Strategy of the Regents-Queen Rajendra Laxmi and Bahadur Shah in conquering major of the Petty	<ul> <li>बाबुराम आचार्य, नेपालको संक्षिप्त वृत्तान्त, प्रकाशन स्थान अनुल्लिखित, श्रीकृष्ण आचार्य, वि.सं. २०६३, (पृ.</li> </ul>

Campaign	Principalities of Baise and the Chaubise (ie. Lamjung, Tanhaun, Kaski, Palpa, Doti, Bajhang, Jumla, Salyan, Jajarkot)  5. Defense measures of the Petty Principalities  6. Role of Bahadur Shah in conquering Kumaon and Garhwal  7. Brief study of the consequences after the victory (Total Periods: 25)	Roo-२१९)  - B.R. Bajracharya, Bahadur Shah the Regent of Nepal, New Delhi: Anmol Publications, 1992. (Ch. 2, pp. 61-114)  - Mahesh C. Regmi, Imperial Gorkha, Delhi: Adroit Publications, 1999, (pp. 116-127)
To acquaint the knowledge of Anglo-Nepal War	Unit 3 3. Anglo-Nepal War 1814-1816:     causes and major battles 4. Treaty of Sugauli and its     consequences     (Total Periods: 15)	<ul> <li>Shaha, Rishikesh,</li> <li>Modern Nepal (Vol-4),</li> <li>New Dilhi: Manohar</li> <li>Publishers and</li> <li>Distributions, 1990, (pp. 114-157)</li> </ul>

Rana, Netra Rajya Laxmi, Anglo-Gorkha war, Kathmandu: 1970

Vaidya, T.R., *Prithivinarayan Shah: The Founder of Modern Nepal*, New Delhi: Anmol Publications, 1993

नारायण संग्रोला, *आधुनिक नेपालको इतिहास,* काठमाड्यैं: विद्यार्थी पुस्तक भण्डार, वि.सं. २०६४ विष्णुप्रसाद घिमिरे, *पाल्पा राज्यको इतिहास (भाग-१)*, चितवनः श्रीमती पद्मा घिमिरे, २०६९ (दोस्रो संस्करण) सूर्यविक्रम ज्ञवाली, *पृथ्वीनारायण शाह*, दार्जीलिंगः नेपाल साहित्य सम्मेलन, वि.सं. २०३३ (दोस्रो संस्करण) सूर्यमणि अधिकारी, *वाइसे राज्यको इतिहास*, काठमाडौं : भुँडीपुराण प्रकाशन, वि.सं. २०६०

# **Faculty of Humanities and Social Sciences**

Course Title: World History Full Marks: 100

Course No.: HIS 352 Pass Marks: 45

Nature of the Course: Theory Time per Period: 1 hr.

Year: Third Semester: Fifth Total Period: 45

Level: Bachelor of Arts

# 1. Course Description

This course incorporates ancient Roman empire including both eastern and western Roman empires and their disintegration. At the same time, it also covers history of crusade and another very important aspect of European history, that is renaissance and awakening of Europe.

# 2. General Objectives

The general objective of this course is to provide the students basic knowledge of ancient European history mainly focusing on ancient Roman empire, crusade and renaissance especially focusing on meaning of crusade, various crusades the have been fought and its impact in the involving powers, medieval renaissance and progress it brought in the fields of science and technology.

students with knowledge of the Roman Empire (29 Empire and its disintegration. Itt also expects  students with knowledge of the Roman Empire (29 BC) – Early History  5. Division of the Roman Empire (395 CE)  6. End of the western Roman Empire and the fell of Angient Roman Empire on the fell of Angient Roman Empire and the fell of Angient Roman Empire on the fell of Angient Roman Empire on the fell of Angient Roman Empire on the Death of Marcus Aurelius  The Byzantine Empire: The Empire of New Rome  Www.saylor.org/courses/hist101/#11	•	Contents	Recommended Books
students with knowledge of the Roman Empire (29 BC) – Early History  Itt also expects students to understand about crusade  students with knowledge of the Roman Empire (29 BC) – Early History  5. Division of the Roman Empire (395 CE)  6. End of the western Roman Empire and the fall of Ancient Rome  7. Beginning of the Byzantine Empire and the fall of Ancient Rome  7. Beginning of the Byzantine Empire and the Fall of Ancient Rome  7. Beginning of the Byzantine Empire and the fall of Ancient Rome  8. The Ruling Dynasties  9. Decline and Disintegration of the Europe', English Historical Review,	Objective		
important Fall of the Roman Empire, Journey to	students with knowledge of the Roman Empire and its disintegration. Itt also expects students to understand about crusade and renaissance, the two important events in the	<ol> <li>Beginning of the Roman Empire (29 BC) – Early History</li> <li>Division of the Roman Empire (395 CE)</li> <li>End of the western Roman Empire and the fall of Ancient Rome</li> <li>Beginning of the Byzantine Empire</li> <li>The Ruling Dynasties</li> <li>Decline and Disintegration of the Empire.</li> <li>(Total Periods: 25)</li> </ol>	Marcus Aurelius  - The Byzantine Empire: The Empire of New Rome  www.saylor.org/courses/hist101/#11.1  -Heather, Peter, 'The Huns and the End of the Roman Empire in Western  Europe', English Historical Review,  Longman Group, 1995  -Ferguson, R. James, The Division and Fall of the Roman Empire, Journey to the West: Essay in History, Politics and

Europe.		
To provide	UNIT 2. Crusades 1095-1291	- Zacour, N. P: Hazard, H.W., Editor
general outline		The Impact of the Crusades on
of crusade and	<ul><li>5. Meaning , Origin and Objectives</li><li>6. The first and other subsequent</li></ul>	Europe (A History of the Crusades,
its impact in	Crusades	vol. VI, University of Wisconis
general.	7. Impact of Crusades	Press, 1989,
	(Total Periods: 15)	
		www.digicoll.library.wise.edu/cgibi
		<u>n/History/History-</u>
		<u>idx?jd=History.Crus.Six</u>
		Wani, Nazar UI Islam, 'Impact of
		Crusades on Islam and Christianity',
		International Journal of Humanities
		and Social Science Invention Vol. 2,
		No.3, March. 2013, pp. 43-46
		www.ijhssi.org
Renaissance has	UNIT 3. Renaissance and Awakening	-Rebecca Arkenberg, Bosiljka Raditsa,
	in the West	Rika Burnham, The Art of Renaissance
important epoch	5. Medieval Renaissance: Meaning and	Europe, A Resource for Educators, NY;
in European	Nature of	The etropolitan Museum of Art, 2000
history that led	6. Carolingian, Ottonian and the	http://books.google.com.np/books/about/
to the	Medieval Renaissance	The Artof Renaissance europe.html?id
awakening in Europe. This	7. Renaissance and the Development of science art and Literature in Europe.	=p1-pHLLkvFoc&redir_esc=y
unit aims at	science art and Enerature in Europe.	-Johnson, Paul, <i>The Renaissance: A</i>
providing		Short History, Random House
general outline	(Total Periods: 20)	Publishing Group, 2007
of renaissance		http://books.google.com.np/books/about/
and		The Artof Renaissance.html?id=QLKJ
development in		7R zW14C&redir_esc=y
the areas of		
science and art.		

- 1. Potter, David S.(ed), A companion to the Roman Empire, London: Black Well, 2006
- $http://books.googl.com.np/books/about/A\_Companion\_to\_the\_Roman\_Empire.html?id=g4ZmqsyC5kE\\ C\&redir\_esc=y$
- 2. Hunt Jocelyn, *The Renaissance*, London: Taylor & Francis, 1999 http://books.google.com.np/books/about/The Renaissance.html?id=fvoau Vp.jCscC&redir\_esc=y
- 3. Corrick, James A.' The Renaissance, San Diego: Lucent Book, 1997; http://books.google.com.np/books?id=RYtW5yTBw-wC&source=gbs similarbooks
- 4. Setton Kenneth M., et al *History of the Crusades: The Impact of the Crusades on Europe*, Univ of Wisconsin Press, 1990

http://books.google.com.np/books/about/A\_History\_of\_the\_Cusades.html?id=TKaPrQPFIAMC&redir\_tesc=y

# **Faculty of Humanities and Social Sciences**

Course Title: Nepalese History Full Marks: 100

Course No.: HIS 361 Pass Marks: 45

Nature of the Course: Year: Third

Period per Week: 3 Time per Period: 1 hr.

Level: Bachelor of Arts Total Period: 45

# 1. Course Description

This course incorporates the history of Nepal after Bhimsen Thapa. At the same time, it also covers history of Ranacracy, Political Movement of 1950-51, Political Instability 1951-58, Parliamentary System 1959-60, Panchayat System, Multiparty System and Maoist Insurgency.

# 2. Course Objectives

The general objective of this course is to provide the students general knowledge and understanding of Nepalese history since 1837 to 2000 A.D. After completion of this course, students will be able to know about the specific issues in the political history of Nepal.

Specific	Contents	Recommended Books
Objective		
Study of the Court Politics and Political Instability in Nepal 1837-	UNIT 1. Political Instability 1837-1846  10. Causes of the down fall of Bhimsen Thapa 11. Role of Queens in the Court Politics 1837-1846	-चित्तरञ्जन नेपाली, जनरल भीमसेन थापा र तत्कालीन नेपाल, काठमाडौँ: रत्नपुस्तक भण्डार, वि.सं. २०३५, पृ. ३०-५२।
1846	12. Kot Massacre (Total Periods: 20)	-Rishikesh Shaha, <i>Nepal (Vol.1)</i> , New Delhi: Manohar Publishers and Distributors, 1996, pp. 157- 200.

To acquaint the knowledge of history of Rise and Fall of the Ranas	8. Establishment and Consolidation of the Rana Regime 9. Conspiratorial Politics under Ranas 10. Role of Socio-Political groups in anti-Rana Movement 11. Role of Political Parties in anti-Rana Movement (Total Periods: 25)	Krishna Kanta Adhikari, Nepal Under Jang Bahadur 1846-1877 A.D., Kathmandu: Buku, 1984, pp. 25-50.  - Adrian Sever, Nepal Under the Ranas, Delhi: Oxford and IBH Publishing Co., 1993, pp. 410-419.  -भवेश्वर पंगेनी, पश्चिम नेपालमा प्रजातान्त्रिक आन्दोलनः वि.सं. २००७, तौलीहवा: शोभादेवी भोलानाथ ट्रष्ट, वि.सं. २०४३, पृ.१-३८ ।
To know about Political history of Nepal from 1951- 1990.	9 Political Instability 1051 59	<ul> <li>Bhuvan Lal Joshi and Leo E. Rose,         <i>Democratic Innovations in Nepal</i>,pp. 255-280.</li> <li>L.R. Baral, <i>Oppositional Politics in Nepal</i>, New Delhi: Abhinav         Publications, 1977, pp. 47-65.</li> </ul>
To understand about Establishment of Multi-Party Democracy and Maoist Insurgency.	UNIT 4. Multi-Party Democracy and Maoist Insurgency  3. People's Movement of 1990 4. Political Experiment in Nepal 1990-1999 5. Brief Survey of Maoist Insurgency in Nepal	-भास्कर गौतम र चिरन मानन्धर (सम्पा.), <i>माओवादी सङ्घर्षः</i> शान्तिपूर्ण रुपान्तरण, काठमाडौँ: मार्टिन चौतारी, वि.सं. २०६४, पृ. ३-३४ ।
	(Total Periods: 15)	Deepak Thapa, <i>A Kingdom under Seige</i> , Kathmandu: The Print House, 2003, pp. 83-125.  - Hoftun, Martin <i>et al</i> , <i>People</i> , <i>Politics and Ideology</i> , Kathmandu: Mandala Book Point, 1999. pp. 311-335

Chattarjee, Bhola, Nepal's Experiments with Parliamentary Democracy, New Delhi: Ankur, 1977.

Einsiedel, Sebastian Von, David M. Nalone and Suman Pradhan (eds.), *Nepal in Transition (From People's War to Fragile Peace)*, New York: Cambridge University Press, 2012.

Louis T. Brown, *The Challenge to Democracy in Nepal*, London: Routledge, 1996.

Regmi, D.R., Modern Nepal (Vol.2), Calcutta: Firma K.L. Mukhopadhayaya, 1975.

Uprety, Prem R., Political Awakening in Nepal, New Delhi: Commonwealth Publishers, 1992.

आचार्य, बाब्राम, नेपालको संक्षिप्त वृत्तान्त, प्रकाशन स्थान अन्लिखित, श्रीकृष्ण आचार्य, वि.सं. २०६३।

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# **Faculty of Humanities and Social Sciences**

Course Title: World History Full Marks: 100

Course No.: HIS 362 Pass Marks: 45

Nature of the Course: Year: Third

Period per Week: 3 Time per Period: 1 hr.

Level: Bachelor of Arts Total Period: 45

# 1. Course Description

This course incorporates the history of World from 1789 to 1945. At the same time, it also covers the history of Peace process-League of Nations and UNO.

# 2. Course Objectives

The general objective of this course is to provide the students general knowledge and understanding of major events of world history. After completion of this course, students will be able to know about the specific issues in the history of World.

Specific	Contents	Recommended Books
Objective		
To understand about French Revolution and major Napoleonic Wars	UNIT 1. French Revolution  13. Political, Social, Economic and Intellectual conditions on the eve of French Revolution.  14. Revolutionary France-General Assembly, Legislative Assembly, Convention, Reign of Terror and Directory.  15. Brief introduction to Napoleonic Wars.  (Total Periods: 10)	-Thompson, David, Europe Since Napoleon, London: Penguin Books, 1990. pp. 23-76.

Causes and Effects of First World War and Peace Treaty	<ul> <li>12. Background of The First World War (Division of Europe into Two camps- Triple Alliance and Triple Entente).</li> <li>13. Causes and Effects of the First World war.</li> <li>14. The Treaty of Versailles (Total Periods: 10)</li> </ul>	<ul> <li>Thompson, David, Europe Since Napoleon, London: Penguin Books, 1990. pp. 524-536.</li> <li>A.J.P. Taylor, The Struggle for Mastery in Europe 1848-1918, New York: Oxford University Press, 1971, pp. 511-530.</li> </ul>
To acquaint the knowledge of Rise of New Leadership in Europe; The Collapse of Collective Security- and Second World War	<ul> <li>11. Rise of Dictatorship (Mussolini, Hitler, Franco; Russia under Stalin)</li> <li>12. Causes and Effects of the Second World War.</li> <li>(Total Periods: 20)</li> </ul>	-Eric Hobsbawm, The Age of Extremes:  A History of the World 1914-1991,  New York: Uintage Books, 1995,  pp. 21-53.
To know about League of Nations and UNO	<ul> <li>UNIT 4. League of Nations and UNO</li> <li>6. League of Nations-Origin, Success and Failures.</li> <li>7. Formation of UNO-Objectives (Total Periods: 20)</li> </ul>	<ul> <li>F.H., Hinsley, <i>The Failure of the League of Nations</i>, Cambridge University Press, 2010, pp. 309-322.</li> <li>-Mahajan, V.D., <i>History of Modern Europe Since 1789</i>, New Delhi: S. Chand &amp; Company Ltd., 1989,pp. 590-605, 712-720.</li> </ul>

Alan, Bullock, Hitler: A Study in Tyranny, London: Penguin group, 1990

Benns, F. Lee, Europe Since 1914, New York: Appletion-Century-Crofts, 1954

Carr, E.H., *International Relations Between Two World Wars 1919-1939*. London: Macmillan Press, 1988 (reprient)

Chhabra, H.K., History of Modern World War Since 1914, Delhi: Surject Publications, 1989

Fay, S.B., Origins of the World War, New Delhi: Eurasia Publishing House Pvt. Ltd., 1965

Grant, A.J. and H. Temperley, *Europe in the Nineteenth and Twentieth Centuries 1789-1950*, Britain: Longman Group, 1980

Keegan, John, The First World War, London: Hutchinsen, 1998

Ketelbey, C.D.M., History of Modern Times from 1789, New Delhi: S. Chand & Company, Ltd., 1982

Roy, Kauleshwar, Modern Europe, Allahabad: Kitab Mahal, 1991

Stokesbury, James W., A Short History of World War 1, New York: William Morrow and Company Inc., 1981

Taylor, A.J.P., The Origins of the Second World War, New York: Fawcett World Library, 1969

Taylor, A.J.P., The Struggle for Mastery in Europe 1848-1918, Oxford: Oxford University Press, 1954

# **Faculty of Humanities and Social Sciences**

Course title: **World History** Full Marks: 100

Course title: HIS 471 Pass Marks: 45

Year: Forth Credit hours: 3

Semester: Seventh Period per week: 3

Total Classes: 45 Time per period: 1 hour

Level: Bachelor of Arts

# **Course Description:**

This course mainly focuses on political awakening in India and China, Indian politics, political history of china in brief, and cold war politics.

# General objective:

The general objective of third course is to make students familiar with the themes selected within the frame of this course.

Specific objective	Course Units	Suggested Readings
The specific objective is to provide general overview of political awakening and its situation in Asia after world wars.	Unit 1 Political Awakening  1. Introduction to Political Awakening  2. Political Changes after the World Wars - Political Awakening in Asia (With emphasis on India and China)  [Total periods 15]	1. Huxley, T. H., War & Political Awakening
This unit emphasizes students to learn about historical situation in India before 1947, rise of political awakening that resulted in the collapse of the British hegemony in India and political structure in the Republic India.	Unit 2:Political Awakening in India  1. India before 1947 2. Political Awakening and the End of the British Rule 3. Politics in Republican India  [Total periods 15]	<ol> <li>Kausar Parveen, Nature of Indian Politics before 1947, http://pu.edu.pk/images/journal/stu dies/PDF-FILES/Artical-8 Vol 14 No1.pdf</li> <li>Bīpan Chandraet al, India's Struggle For Independence 1857-1947, Penguin,</li> <li>India as Colony: 1850 to 1947, Hinduism Today, April/May/June, 2010</li> <li>Emergence of Political Awakening Kashmir</li> </ol>

While studying political awakening in Asia, it is worthy of learning about historical situation in China in different periods, origin of Communism and its contribution in the economic development.	Unit3:Brief Political History of China  1. Political Situation in China before 1911 2. Chinese Politics during 1912-1949 3. Rise of Communism in China 4. History of Economic Development and Role of Chinese Communist Party [Total periods 10]		Wayne M. Morrison, China's Economic Rise: History, Trends, Challenges, and Implications for the United States, Congressional Research Service, 2015 John King Fairbank and Merle Goldman, China: A New History, Cambridge: Harvard University Press, 2006
Cold war politics remained important in the world politics after WWII. This unit intends students to learn about world powers after WWII, cold war, politics of Veto, and the non- aligned movement.	<ol> <li>Unit 4: Cold War Politics</li> <li>Rise of World Powers after the World War II</li> <li>The Cold War</li> <li>USA and Russia in the Security</li> <li>Council during the Cold War Era</li> <li>The Non Alignment Movement and Its Impact</li> <li>[Total periods 20]</li> </ol>	<ol> <li>2.</li> <li>3.</li> </ol>	http://www.cvce.eu/content/public ation/2011/11/21/6dfe06ed-4790- 48a4-8968- 855e90593185/publishable_en.pdf

# **Faculty of Humanities and Social Sciences**

Course Title: **Nepalese History** Full Marks: 100

Course No.: HIS 472 Pass Marks: 45

Year: Fourth Period per Week: 3

Semester: Seventh Time per Period: 1 hr.

Level: Bachelor of Arts Total Period: 45

# 1. Course Description

This course incorporates the history of Tourism in Nepal. At the same time, it also covers the Tourism Spots, National Parks, Natural Heritage and Pilgrimage Sites. Likewise it gives brief information of concept of Development.

# 2. Course Objectives

The general objective of this course is to provide the students general knowledge and understanding of Tourism and Development. After completion of this course, students will be able to know about Tourism, Nepalese Tourism and concept of Development.

Specific	Contents	Recommended Books
Objective		
To Know about the Definition and Development of Tourism.	UNIT 1. Development and Types of Tourism  16. Definition of Tourism 17. Development and Types of Tourism (Total Periods: 10)	-Ramesh Raj Kunwar, <i>Tourists &amp; Tourism</i> , Kathmandu: Ganga Sen (Kunwar), 2012, pp. 1-32.
To study of Tourism planning and development	UNIT 2. Tourism Planning and Development  15. Planning for Tourism 16. Environmental Planning 17. Importance of Tourism Planning 18. Tourist Demand and Supply (Total Periods: 10)	- A.K. Bhatia, <i>Tourism Development:</i> Principles & Practices, New Delhi: Sterling Publishers Pvt.Ltd., 2012, pp. 219-249.

To acquaint the knowledge of Tourist Spots in Nepal	UNIT 3. Tourist Spots  13. National Parks and Places of Natural Heritages.  14. Pilgrimage Sites (Total Periods: 20)	<ul> <li>Yajna Raj Satyal, <i>Tourisn in Nepal</i>, Delhi: Adroit Publishers, 2000, pp. 91-106.</li> <li>Ramesh Raj Kunwar, <i>Tourists &amp; Tourism</i>, Kathmandu: Ganga Sen (Kunwar), 2012, pp. 115-143</li> </ul>
To know about Concepts of Development.	UNIT 4. Development  8. Definition and Theories of Development  9. Component of Development  10. Development Indicators  (Total Periods: 20)	<ul> <li>p4j k'/L, ko{6g / ljsf;, sf7df8f}FM tn]h' k sfzg, @)%^, k[= #@&amp;-#\$@.</li> <li>John, Leas, Tourism and Development in the Third World, London: Routledge, 1988.</li> </ul>

Agrawal, Manoj Kumar and Rudra Prasad Upadhyay, *Tourism and Economic Development in Nepal*, New Delhi: Northern Book Centre, 2006.

Ashworth, G., "Recreation and Tourism", in D.Burtenshaw (ed.), Man and Environment, London: Bell-Hyman, 1984.

Chand, Diwaker. Nepal's Tourism: Uncensored Facts, Varanasi: Pilgrimage Publishing, 2000.

Chawla, Romila, Sustainable Development and Tourism, New Delhi: Sonali Publications, 2003.

Herbert, David T. (ed.), Heritage, Tourism and Society, London: PINTER, 1995.

HMG Ministry of Tourism, *Some Provisions Relating to Mountain Tourism in Nepal*, Kathmandu: HMG Ministry of Tourism and Civil Aviation, 1994.

Pradhan, Kamal Maiya, *Macro and Micro Perspectives of Tourism in Nepal*. Kathmandu: Benchmark Education Support, 2008.

Satyal, Y.R., Essentials of Tourism, New Delhi: Adroit Publishers, 2005.

# **Faculty of Humanities and Social Sciences**

Course title: **Research Methodology in History**Full Marks: 100

Course No.: HIS 481 Pass Marks: 45

Year: Fourth Credit hours: 3

Semester: Eighth Period per week: 3

Total Classes: 45 Time per period: 1 hour

Nature of the Course: Theory/Practical

Level: Bachelor of Arts

# **Course Description:**

This course intends to make students to be acquainted with basics of research such as methods and design, evidences and information, visits, research processes and thesis writing.

# **General objective:**

The general objective of this course is to train student in research and report writing.

Specific objective	Course Units	Suggested Readings
This unit will help students to understand meaning and types of research. At the same time they will learn about two imp aspects of research – the methods and design.	Unit 1 Introduction to research  1. Meaning and Types of Research  2. Research Methods  3. Research design  [Total periods 15]	<ol> <li>Kothari, C. R., Research Methodology, New Delhi: New Age International Publishers, 2004.</li> <li>Rajasekhara, S., Research Methodology</li> <li>Ranjit Kumar, Research Methodology astep-by-step guide for beginners, London: Sage Publication, 2011</li> </ol>
The specific aim of this unit is to make students acquaint with sources of information and methods of data collection.	Unit 2: Sources of Information  1. Definitions and Types of Evidences 2. Primary and Secondary Sources 3. Methods of data Collection (Interview,	New Delhi: New Age International Publishers, 2004.  2. Data Collection Methods, <a href="http://www.sagepub.com/sites/default/files/upm-binaries/10985">http://www.sagepub.com/sites/default/files/upm-binaries/10985</a> Chapter 4.pdf  3. Ranjit Kumar, Research  Methodology astep-by-step

	Questionnaire and Observation) [Total periods 20]	
This unit will make students able to select research problem, writing workable research proposal and various aspects and parts of thesis writing	Research  2. Writing Research proposal  3. Citation of Footnotes and Bibliography  4. Thesis Writing: Parts of	<ol> <li>Ranjit Kumar, Research         Methodology astep-by-step         guide for beginners, London:         Sage Publication, 2011     </li> <li>Guidelines For Writing Academic         Research Proposals And         ThesesHandbook, Nairobi: Kenyatta         University, 2012.     </li> <li>Baron,Mark A., Guidelines for Writing         Research Proposals and         Dissertations Division of Educational         Administration University of South         Dakota     </li> <li>Chicago Citation Style: Footnotes and         Bibliography,         <a href="http://politics.ucsc.edu/undergraduate/chicago%20style%20guide.pdf">http://politics.ucsc.edu/undergraduate/chicago%20style%20guide.pdf</a> </li> <li>Turabian, Kate L., A Manual for         Writers of Term Papers, Theses, and         Dissertations,     </li> <li>Guidelines For Writing Academic         Research Proposals and Theses         Handbook,         http://www.ku.ac.ke/schools/graduate/images/stories/docs/hospitality_guideli         nes.pdf</li> </ol>
After studying this unit, students will be able to know about field observation through excursions and writing field reports.	Unit4 Field Excursion, Data Collection and Reporting  1. Field Visits and Observation 2. Collection of Required Information using various Tools 3. Reporting the Field Observation [Total periods 15]	1. Field Work Report Writing Guidelines, https://ifm.ac.tz/documents/project/project%20supervision%20fisp/Field%20 Work%20Report%20Writting%20Guideline.pdf

# **Faculty of Humanities and Social Sciences**

Course Title: World History Full Marks: 100

Course No.: HIS 482 Pass Marks: 45

Nature of the Course: Theory Time per Period: 1 hr.

Year: Fourth Semester: Eighth Total Period: 45

Level: Bachelor of Arts

# 1. Course Description

This course covers the theme of world history such development of political thoughts and major political thinkers since the ancient times. It also aims to discuss political system such as Democratic system, monarchy and Totalitarian regime. The other important themes that this courses intends to deal with are Balance of Power and Constitutional Development.

# 2. General Objectives

The general objective of this course is to make students acquaint with political thoughts, political systems, theory of separation of power and the constitutional development.

Specific	Contents	Recommended Books
Objective		
To provide outline knowledge of development of political thought since the ancient times. For this selected ideologues and their theories are prescribed to deal with. It also intends to discuss Sevenfold theory of	Government, Constitutional Government, Revolution), Polybius ( Classification of Government), Cicero (Natural Justice and human equality), Machiavelli (Human nature, Separation of Politics from Ethics and Religion), Dante	<ol> <li>Mc Clelland, J.S., A History of Western Political Thought, London: Routledge,</li> <li>Jones, Tudor, Modern Political Thinkers and Ideas: An Historical Introduction, London: Routledge, 2012</li> <li>Boucher, David and Poul Kelly (ed.) Political Thinkers From Socrates to the Present, Oxford OPU, 2005</li> <li>Views of Kautilya and Manu on the State, King and Kingship <a href="http://shodhganga.inflibnet.ac.in/bitstream/10603/4285/8/09_chapter%202pdf">http://shodhganga.inflibnet.ac.in/bitstream/10603/4285/8/09_chapter%202pdf</a></li> <li>Aseem Prakash, State and Statecraft in Kautalya's Arthasastra:, <a href="http://dlc.dlib.indiana.edu/dlc/bitstream/handle/10535/5647/state%20and%20statecraft%20in%20kautalyas%20arthasastra.pdf?sequence=1">http://dlc.dlib.indiana.edu/dlc/bitstream/handle/10535/5647/state%20and%20statecraft%20in%20kautalyas%20arthasastra.pdf?sequence=1</a></li> </ol>

Kautilya within the banner of Hindu political thought.			
This unit aims to make student acquaint with major political system of the world with focus on Democratic, monarchial and Totalitarian (abolitionism) system.	19. Introduction of the Major Political system of thr World 20. Feature of basic Philosophy a. Democratic system b. Monarchy c. Totalitarian (Abolutionism) system	2. The system of	ical System, ttp://www.greatneck.k12.ny.us/gnps/shs/dept/special_ed/nystrom/docum/nts/politicalsystem.pdf Type of Political System tttp://2012books.laedbucket.org/books/sociology-comprehensive-dition/s17-02-types-of-political-ystem.html Bassiouni, Cherif (et al) Democracy is Principle and Achievement, Geneva: Inter Perliamentary Union, 1998.
Because the theory of Balance of Power is the pillar of democratic system, this unit makes students literate on the theory as well as the concept of separation of power. For this understanding, they will also learn about major organs of the government and their functioning.	UNIT 3. The Balance of Power  15. The three organs of the Government:     Executive, Legislature and Judiciary 16. The Concept of Separation of Power 17. Balance of Power and Autocratic     Regimes (Total Periods: 10)	3	<ul> <li>Function of the Three Branches of the Government         Http://unctions-of-3-branches-of-government.htm     </li> <li>The 3 Branches of Government:         Executive, Legislative, Judicial http://study.com/academy/lesson/the-3-branches-of-government-executive-legislstive-judicial.html     </li> <li>Kabudi, P. J, The Doctrine of Separation of Power, http://www.utumishi.go.tz/utuweek/SOP.pdf</li> <li>Ville, MCJ,</li></ul>

This unit solely about constitutional development. They will start with understanding 'what' about constitution followed by the process of making constitution focusing on the constitution making process of India and Nepal on the basis of the process they followed to make their constitution. Students will also learn about features of major constitutions of UK, China, India and Nepal.

# **UNIT 4. General Survey of Constitutional Development**

- 1. Defining Constitution
- 2. The Process of Making ConstitutionThe Cases of India and Nepal.
- 3. Main Features of Constitutions of Selected Countries: UK, China, India, Nepal (2015)

(Total Periods: 15)

- 1- What is a Constitution?
  Principles and Concepts.
  <a href="http://www.constitutionnet.org/files/what-is-constitution-0.pdf">http://www.constitutionnet.org/files/what-is-constitution-0.pdf</a>
- 2- Vivien Hart, Democratic Constitution Making, <a href="http://unmis.unmission.org/Portals/UNMIS/constitution-making%20symposium/UN%20fact%20sheet.pdf">http://unmis.unmission.org/Portals/UNMIS/constitution-making%20symposium/UN%20fact%20sheet.pdf</a>
- 3- Constitution –making http:// http://unmis.unmission.org/Porta ls/UNMIS/constitutionmaking%20symposium/UN%20f act%20sheet.pdf
- 4- Ghai, Yash, Constitution-building Process and Democratization: Lesson Learned, <a href="http://www.idea.int/publication/dchs/upload/dchs-vol2-sec6-2.pdf">http://www.idea.int/publication/dchs/upload/dchs-vol2-sec6-2.pdf</a>
- 5- The Basic Structure of Indian Constitution,
  <a href="http://www.humanrightsinitiative.org/publications/const/the-basic-structure-of-the-indian-constitution.pdf">http://www.humanrightsinitiative.org/publications/const/the-basic-structure-of-the-indian-constitution.pdf</a>
- 6- Nepal's Constitutional Process, International Crisis Group, Asia Report No 128-26 February 2007, <a href="http://www.crisisgroup.org/~/media/Files/asia/south-asia/nepal/128-nepal-s-constitutional-process.pdf">http://www.crisisgroup.org/~/media/Files/asia/south-asia/nepal/128-nepal-s-constitutional-process.pdf</a>
- 7- Joshi, Dwijen D., Dr. Ambedkar and Drafting of Indian Constitution: A 'See Through' in to the Making of Masterpiece from the Eyes of its Architect, Journal of Law, Policy and Globalization Vol. 13, 2013, <a href="mailto:file:///C:/Users/ST/Downloads/05.pdf">file:///C:/Users/ST/Downloads/05.pdf</a>